

El Supremo's Hailsham Liss Permanent 200

Dear Rider

Thank you for entering this Audax UK Permanent event, originally created by Dave 'El Supremo' Hudson.

NOTE: I will not be accepting entries and validation of this perm 7 days before and after the normal calendar event.

Category 2 Advisory route Permanent Events (Validation by GPS track or E-Brevet as proof of passage (PoP) only)

"You must use electronic proof of passage (GPS or E-Brevet- AB05) for this event." If you wish to use physical PoP and a Brevet card, please contact the organiser directly before entering to discuss.

For these events you will see two entry buttons - Choose either "Enter by GPS" or "Enter Online"

Advise me 24 hours BEFORE you ride this event.

The route sheet is taken directly from the original route sheet created by Dave but in a format that includes cumulative KMs and if cut/folded along guidelines fits into 100 x 140mm Self Seal bags.

If starting from Hailsham please park at the Freedom Leisure Centre on Vicarage Road, BN27 4HB. **BUT REMEMBER TO USE THE LONG TERM 23 HOUR CAR PARK AT THE BOTTOM OF THE HILL**

Control	Description Start/Finish control can be any same control on the route.
Hailsham (Start)	ATM at Tesco that you pass. The Natwest Bank and its ATM have long gone. There is also an ATM at the end of the Waitrose Car.
Buckbarn	ATM and Petrol Station Shop. Toilet
Liss	Tesco with ATM. Also Turtle Bean Café well worth a visit.
Steyning	Coop on High Street. Open Every day: 6am to 10pm. ATM inside. Victoria's Cake on High Street 09:00 to 16:30 daily. There is a BP in Upper Beeding / Bramber (2 km into Stage 4) that serves coffee etc can be used for Control instead.
Hailsham (Finish)	There is (currently) a Halifax Bank and ATM in High Street on Left just after T/Lts.

Look out, Look out **POTHOLES** about. There are many damaged roads so proceed with caution

Route

Stage 1 (58k): Leaving Hailsham towards the North, we quickly join the A22 at the Hellingly / Boship Farm Roundabout. After 4k you turn off toward Ringmer and pass the North of Lewes, before travelling West along the bottom of the South Downs passing through Ditching, Hassocks, Hurstpierpoint, Albourne, Shermanbury, Partridge Green and Littleworth, before a short (2.7k) on the A272 to control at Buckbarn.

Stage 2 (52k): Leaving the control you continue West along the A272 through Billinghamurst to Wisborough Green before heading to Kirdford. From Kirdford we take country lanes through Eberno, Lurgashall, Fernhurst, Milland and Rake but arriving in Liss for our next control.

Stage 3 (52k): From the control we climb out of Liss towards Rogate, but unlike the calendar version of this ride we continue using country lanes before joining the A272 near Trotton. After nearly 6km we arrive in Midhurst before taking more country lanes through Selham, Coates, Coldwaltham and Greatham before joining the A283. The A283 takes us to Storrington and a slight loop to avoid the busy Washington A24 RAB. Once back on the A283 we soon arrive in Steyning for the next control at the Coop. (Toilet Block on High Street).

Stage 4 (53k): From Steyning you head through Bramber (BP Garage alternative control if coop in Steyning busy), Edburton, Fulking, Poynings and Pyecombe. Being the foothills of the South Downs, this section is lumpy. At Pyecombe there is an initial climb is to get you over the A23, then the short sharp climb to Pyecombe Church and then the drag up Clayton Hill before the quick descent to Underhill Lane. Passing the base of Ditching Beacon, you continue Underhill Lane to Westmeston, before heading back through Cooksbridge, Ringmer and Laughton, before joining the A22 and continuing into Hailsham for the final control.

Notes

This Permanent Event is for experience cyclists who will be aware of the following:

- Have familiarised themselves with the route before the event, ensuring competence and fitness to complete the course, roadworthiness of their bike and possession of adequate cycle repair equipment, spares and skills.
- During the event, riding safely, according to the rules of the road and personal capabilities, and taking responsibility for personal feeding, warm clothing and rest periods, especially at night.
- Personally, deciding not to continue if feeling unwell or too tired.
- As with any journey on public roads being aware of and allowing for highway design and maintenance, other road users (especially horses), busy traffic conditions, the state of disrepair of the surface (potholes, trenches, ironwork etc.), debris, obstruction of all kinds, poor or non-existent lighting on night sections and oncoming headlights.
- As some roads could be high and exposed, with hills that could be steep and strenuous, carrying adequate food, drink, clothing and equipment for any conditions.
- Preparing the bike (and rider) and carrying spares and tools and knowing how to use them.
- In the event of bad weather, making a personal decision over starting or continuing.
- Being equipped to deal with bad conditions

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- Making private arrangement if rescue facilities are wanted. (The CTC have a Rescue Scheme that could be considered if you are likely to be unable to summon your own assistance).
- Being adequately rested before travelling home after finishing an event.
- As with all Audax UK rides you are always on a private excursion on the public highway and responsible for your own conduct.

GPS Validation

After the event go to the "Upcoming and Pending Events" section on your dashboard (the screen you see when you first login) and look for your ride. Expand the arrow to find the upload link for your track.

▼	Fri 25 Feb 2022	Gwynedd Traverse 200	200km (203km)	N/A	from Caernarfon (or anywhere on route)	Entered	View			
^	Fri 25 Feb 2022	Gwynedd Traverse 200	200km (203km)	N/A	from Caernarfon (or anywhere on route)	Entered	View			
Event No:	JHA27	Category:	PERMANENT	Points:	2	AAA:	0	Event Type:	Permanent	Upload Link for GPS track

You can upload the following file types:

- gpx
- tcx
- fit (which will be converted to tcx before processing)
- zip (multiple gpx or tcx files)

The uploader link is specific to a particular entry - you can't use it for any other event, or for a second entry on the same event.

There is a file size limit of 1Mb.

Wahoo fit file are not accepted, because Wahoo have recently moved to a new fit2 format. Zipped fit files may also cause problems even if they seem to have uploaded correctly.

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